

## The Backpack Concept:

The Backpack Program provides students identified by school social workers at Essex Elementary, John Winthrop and Valley Regional High School with nutritious food when other resources are not available, such as on weekends or during school vacations. The food is delivered weekly to students and includes breakfasts, lunches, dinners, beverages and snacks.

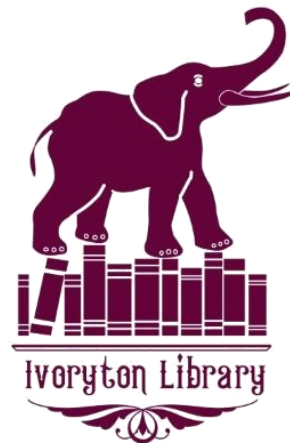
Drop-off at the  
Ivoryton Library

Ivoryton Library  
106 Main Street  
PO Box 515  
Ivoryton, CT  
06442

860-767-1252

[ivorytonlibrary.org](http://ivorytonlibrary.org)

[staff@ivorytonlibrary.org](mailto:staff@ivorytonlibrary.org)



The Ivoryton Library  
is collecting food for

# The Backpack Program

During the months  
of April & May  
2024

## Suggested Foods\*\*

### Beverages

Shelf-stable milk, vanilla & chocolate\*

Apple Juice\*

Orange juice\*

Fruit punch (bottles)

Capri Suns

Lemonade mix (box)

### Snacks

Applesauce cups

Squeezable applesauce

Fruit cups

Rice Krispie Treats

Pringles

Goldfish

Pretzels

Peanut butter and crackers

Pirates booty

Fruit snacks

### Breakfast

Oatmeal pouch

Cereal cups\*

Pancake mix pouch / cups\*

Syrup

Breakfast / Granola Bars

### Lunch

Strawberry Jelly\*

Grape Jelly\*

Peanut Butter\*

Nutella

Tuna

Mayonnaise

Mac & Cheese\*

Chicken

Chili

Soup\*

Chef Boyardee

Ramen

### Dinner

Beef Stew

Rice a Roni

Pasta\*

Sauce\*

Mashed potato pouch\*

Beans

Corn

Corned Beef Hash

Sloppy Joe

Refried beans

Peas

Manwich

\* Items most needed

**\*\*Note:** It's essential that the items are not bulk sizes, but instead, weights that can be managed by kids and sized to fit along with other items in the kids' backpacks. Also, please choose plastic and paper over metal when possible to keep the weight down.