## The Backpack Concept:

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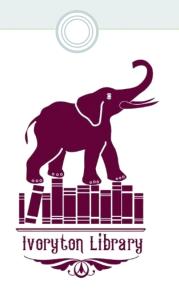
The Backpack Program provides students identified by school social workers at Essex Elementary, John Winthrop and Valley Regional High School with nutritious food when other resources are not available, such as on weekends or during school vacations. The food is delivered weekly to students and includes breakfasts, lunches, dinners, beverages and snacks.

<u>Drop-off at the</u> <u>Ivoryton Library</u> Ivoryton Library 106 Main Street PO Box 515 Ivoryton, CT 06442

860-767-1252

ivorytonlibrary.org

staff@ivorytonlibrary.org



The Ivoryton Library is collecting food for

The Backpack Program

During the months of October and November 2024

## Suggested Foods\*\*

<u>Beverages</u> Shelf-stable milk, vanilla & chocolate\* Apple Juice\* Orange juice\* Fruit punch (bottles) Capri Suns Lemonade mix (box)

## <u>Snacks</u>

Applesauce cups Squeezable applesauce Fruit cups Rice Krispie Treats Pringles Goldfish Pretzels Peanut butter and crackers Pirates booty Fruit snacks <u>Breakfast</u> Oatmeal pouch Cereal cups\* Pancake mix pouch / cups\* Syrup Breakfast / Granola Bars

Lunch Strawberry Jelly\* Grape Jelly\* Peanut Butter\* Nutella Tuna Mayonnaise Mac & Cheese\* Chicken Chili Soup\* Chef Boyardee Ramen

Dinner Beef Stew Rice a Roni Pasta\* Sauce\* Mashed potato pouch\* Beans Corn Corned Beef Hash Sloppy Joe **Refried** beans Peas Manwich \* Items most needed **\*\***Note: It's essential that the items are not bulk sizes, but instead, weights that can be managed by kids and sized to fit along with

and sized to fit along with other items in the their backpacks. Also, please choose plastic and paper over metal when possible to keep the weight down.